

Lived Experience of Self-Harm Support Worker



support for women and girls
resources and training for all

www.selfinjurysupport.org.uk

info@selfinjurysupport.org.uk

0117 927 9600

Job Title	Lived Experience of Self-Harm Support Worker
Reporting to	Lived Experience Service Co-ordinator
Hours	Part-time, between 14 and 21 hours per week . Our Service operates from 9am – 5pm Monday to Friday, but there is flexibility as to how hours are worked over the week; includes appointments in the community and office-based work. Please specify in your application how many hours you are seeking to work.
Salary	NJC Grade Point 14 Salary £27,334 pro-rata
Contract	Permanent contract subject to funding to 31 st March 2025 with possibility to extend, subject to funding and satisfactory completion of a probationary period. This role is funded as part of a service commissioned by Bristol, North Somerset and South Gloucestershire Integrated Care Board (BNSSG ICB).
Location	Central Bristol, Bristol Royal Infirmary, Southmead Hospital Bristol and Weston General Hospital, with some home working for administrative tasks.
Access	Unfortunately, our current offices are not fully accessible. However alternative arrangements will be made where necessary to ensure full access is possible.
Equal Opportunities	Self injury Support is committed to equality of opportunity and to the empowerment of people with lived experience of mental health difficulties. This role is advertised in line with s159 of the Equality Act 2010.
Disclosure and Barring	We will require the successful applicant to have a satisfactory Disclosure and Barring Service enhanced disclosure.
Right to Work	We will require you to provide proof of eligibility to work in the UK should you be shortlisted, and prior to interview.
Start Date	This post will start as soon as possible from the date of successful interview.
Application Submissions	Please address each of the points in the Person Specification when completing your application and submit completed application and equality monitoring forms to info@selfinjurysupport.org.uk before the closing date. Please note: CVs will not be accepted.
Closing Date	Friday 14 th June 2024, 5pm

Job Description

1. Support the day to day running of the Lived Experience Service by:
 - Offering tailored follow up support to people of all communities and genders who have attended A&E for self-harm treatment including face to face or video chat meetings, researching community support and guidance in finding and using self-help resources based on the principles of mutual experience, empathy and holistic support;
 - Where appropriate sharing ideas about ways of achieving goals, drawing on personal experiences and assisting people to decide what they want to achieve based on their circumstances and personal resources;
 - Administrative tasks including researching and updating service resources and maintaining accurate client records in line with organisational confidentiality, data protection and safeguarding policies.
 - Supporting their own wellbeing by engaging in regular supervision and appropriate training
2. Contribute to the overall running of the organisation through:
 - Attending team meetings
 - Supporting the development and/or running of organisational resources, events and campaigns relevant to their role
 - Having an awareness of the aims of the organisation and adhering to Safeguarding procedures at all times

Person Specification

The ideal candidate will be able to demonstrate the following skills, knowledge, approaches and experience. These can be drawn from professional, voluntary and personal experience. Please refer to these criteria in your application:

Experience	Essential	Desirable
	<ol style="list-style-type: none"> 1. Experience of supporting and enabling people in distress and who are struggling with their mental wellbeing. 2. Experience of self-harm which they have worked to understand in the context of their life and personal experiences. 3. Ability and willingness to share personal experiences where appropriate and in a way which is safe and contained for them and their clients. 4. Ability to offer empathic and non-judgmental support combined with an understanding of when to ask for help in a personal or professional role, and the confidence to do so where appropriate. 5. An understanding of the issues that lead to emotional distress and the use of self-harm in people from a range of backgrounds and the ability to offer empathic and non-judgmental support. 	<ol style="list-style-type: none"> 6. Experience of working in a lived experience or peer support role
Knowledge and Skills	Essential	Desirable
	<ol style="list-style-type: none"> 1. A good understanding of the work of Self injury Support and a demonstrable enthusiasm for the importance of the organisation's purpose, vision and activities. 2. General IT skills, including a good working knowledge of MS Office 	<ol style="list-style-type: none"> 6. Qualification in a relevant role e.g. social care, counselling, peer support

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	<p>packages (i.e. Word, Excel, PowerPoint), email and use of the internet</p> <p>3. Knowledge of best practice Safeguarding procedures and the ability to apply these</p> <p>4. Excellent verbal and written communication skills and ability to build and maintain effective working relationships with colleagues, volunteers, external partners., especially when discussing sensitive topics.</p> <p>5. The ability to be flexible and adaptable to the needs of the role.</p> <p>6. The ability to work independently, to multi-task, prioritise workloads and operate effectively within a team environment.</p>	<p>7. Ability to speak a community language in addition to English.</p>
<p>Approach</p>	<p>Essential</p>	<p>Desirable</p>
	<p>1. Ability to evaluate, learn and develop.</p> <p>2. To act with integrity and honesty in all dealings internal and external to the organisation.</p> <p>3. Demonstrable commitment to equality of opportunity, diversity and inclusivity.</p> <p>4. Ability to work as part of a wider team delivering a service that is in the best interest of the community that we support.</p>	<p>4. Commitment to ensuring that own knowledge and learning is current and up-to-date.</p>

If you have any specific questions about the role please contact, Jen Price, Team Leader on jenprice@selfinjurysupport.org.uk

Please submit completed application forms and equalities monitoring forms to: Info@selfinjurysupport.org.uk by