

**Drama and Mental Health Workshop Volunteer with Many Minds**

Autumn Project October - December 2024

Start Date: As Soon As Possible - Please get in touch!

Many Minds are looking for enthusiastic and committed people to join our team as Workshop Volunteers in our weekly drama workshops and additional activities as we work towards a series of performances in December 2024.

Many Minds is a mental health and performance charity. We meet weekly, usually on Tuesdays to play games and make performance in a safe, fun and inclusive environment.

We are looking for people to help support the sessions by preparing the space, welcoming and supporting members in the session, participating in the workshop activities and helping to clear the space after every session. Our volunteers are a much valued, vital part of the workshop delivery team.

This is a great opportunity for anyone wanting to work in access or mental ill health support roles. It would be good experience for people hoping to work in community-based theatre but is also open to anyone who just enjoys drama and would like to have fun and take part in performance making.

This series we’re creating work to perform at the Anglican Chapel at Arnos Vale Cemetery.

**Commitment Required:**

Our workshops usually run every Tuesday evening from 5-7.30pm at Arnos Vale Cemetery.

Volunteers meet at 4.15pm to set up the room and check in before members arrive. At the end of the workshop volunteers remain to clear up the workshop space and check out, leaving by 8.15pm.

This series we will also have one week where we meet at the Bristol Old Vic - 29th October - and the session will run later, so volunteer timings will be 4.45-8.45pm.

For four weeks our workshops will be held on Mondays instead of Tuesdays: 11 November to 2nd December.

In the last two weeks of the series volunteers are requested to work for additional hours

Tuesday 10 Dec: Dress Rehearsal - 2.30-10/10.30pm

Thursday 12 Dec: Extra Rehearsal - 4.15 - 8.15pm

Tuesday 17 Dec: Performance 1 - 2.30 - 10/10.30pm

Thursday 19 Dec: Performance 2 - 10am - 5.30pm

There will also be some extra meetings for training, group supervision and support, usually held at our office at St Nicholas Market unless another venue is needed to suit team access

requirements.

A list of current dates and times is available on the Voscur volunteer advert or by contacting Laura: laura@many-minds.org

**What we offer:**

We provide volunteers with group supervision sessions with an external supervisor, training to do the role, lots of staff support and the opportunity to work with inspiring people on ambitious arts projects. We also reimburse travel expenses for getting to and from workshops.

Volunteers often stay in the team for more than one workshop series and so the team is a mix of experienced and newer volunteers.

"Amazing! A rich and nourishing experience full of play, laughter and reflection. I felt truly welcomed by the entire Many Minds community. Volunteering at the workshop series gave me a chance to perform, connect and learn in a safe and supportive environment. Fully recommend."

Selby, Workshop Volunteer in our ‘Organisational Play’ Series

January – May 2023

**What we’re looking for:**

We want to represent a wide range of people from across Bristol in this project and are particularly interested in receiving applications from you if you identify as BME/ BAME/Global Majority or are a refugee/ asylum seeker. We are open to EVERYONE no matter how you identify.

What you will need:

• A desire to join in workshops – no drama or performance skills needed, but it’s great if you do have experience in these areas

• Interest in supporting people with experience of mental ill health and taking on an ‘access and inclusion’ role, previous experience isn’t necessary, but an advantage

• Good team player

• Approachable attitude and good listening skills

• Commitment to diversity and inclusion

• Understanding of and commitment to confidentiality

If you are interested in the role, please send a couple of paragraphs about yourself and why you are interested in volunteering with us to laura@many-minds.org or call her on 07732 291250.

Please feel free to get in touch if you have any questions or would like to discuss other ways of applying – for example submitting a video/voice-note instead of written text.

To find out more about us, visit our website: www.many-minds.org